



#33-24

August 12, 2024

This Week is Safe + Sound Week!

Safe + Sound Week runs August 12-18, 2024, and is a nationwide event that recognizes the successes of workplace health and safety programs.

This year, resources for Job Hazard Analysis (JHA) will be provided on their website, along with additional materials and activities for keeping workers safe.



[Learn More about Safe + Sound Week](#)



American Heart Association.
Hard Hats with Heart™

Pittsburgh Hard Hats with Heart

SAVE THE DATE: Pittsburgh Hard Hats with Heart on October 10th

We're proud to be a sponsor of the American Heart Association (AHA)'s first annual **Pittsburgh Hard Hats with Heart**, happening on October 10, 2024, at Highmark Stadium.

The event will include an evening of networking and heart pumping activities including blood pressure screenings, AHA's Life's Essential 8, Hands Only CPR, and soccer activities on the field.

Hard Hats with Heart is the AHA's nationwide movement to build a path to end heart disease and stroke and to increase wellness among those in the construction industry.

[Learn More and How to Become a Sponsor](#)



Plan now for September, which is National Suicide Prevention Awareness Month. The week of **September 9-13, 2024**, is observed as **Construction Suicide Prevention Week**.

Along with resources and toolbox talks, [construction-suicideprevention.com](https://www.construction-suicideprevention.com) also offers information on participating in the **National Safety Stand Down** happening on **September 9th** and a selection of materials that can be ordered.

[Visit Construction Suicide Prevention Week](#)

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